



ABSTRACT OF THE CALL FOR APPLICATIONS FOR THE SELECTION OF N. 8 SCHOLARSHIPS FOR THE PARTICIPATION ON THE BLENDED INTENSIVE PROGRAM (BIP) ERASMUS+ AT POLYTECHNIC UNIVERSITY OF VIANA DO CASTELO, ADDRESSED TO STUDENTS OF THE FOLLOWING SECOND CYCLE DEGREES BELONGING TO THE EXERCISE AND SPORT SCIENCES AREA- DEPARTMENT FOR LIFE QUALITY STUDIES:

- LM IN SCIENZE E TECNICHE DELL'ATTIVITÀ MOTORIA PREVENTIVA E ADATTATA (Cod. 9263) (2 scholarships);
- LM IN MANAGEMENT DELLE ATTIVITÀ MOTORIE E SPORTIVE (Cod. 9214) (2 scholarships);
- LM IN SCIENZE E TECNICHE DELL'ATTIVITÀ SPORTIVA (Cod. 9069) (2 scholarships);
- LM IN WELLNESS, SPORT AND HEALTH (Cod. 5813) (2 scholarships)

Please note: This English version is made only for publicity purposes. For resolving any dispute and for all legal purposes only the Italian version is valid.

SOMMARIO

GENERAL INFORMATION.....	1
PURPOSE.....	2
FUNDING	2
GENERAL ELIGIBILITY REQUIREMENTS.....	3
INCOMPATIBILITIES.....	3
SUBMITTING THE APPLICATION.....	4
SELECTION PROCEDURE.....	4
RANKING LIST AND GRANT.....	5
RECOGNITION.....	5
CONTACTS.....	5

GENERAL INFORMATION

The Erasmus+ Programme 2021-2027, stated under Rule (UE) N. 2021/817 of the EU Parliament and of the Council of 20 May 2021, has introduced new mobility ways, as key action (KA) 131 - Blended Intensive Programmes (BIPs). BIPs aim at:

- Create further opportunities in “blended” way
- Support the development of innovative teaching and learning methods
- Stimulate multidisciplinary and transnational courses

BIPs are intensive transnational short terms courses. The activities take place in presence (minimum 5 days, max 1 month) and only one activity must be online on 14 June 2024.

Participants in each BIP will achieve at least 3 ECTS.

This call for application is conditional to the final approval of the inter-institutional Agreement between both parties.

AREA DI CAMPUS DI RIMINI – SETTORE SERVIZI DIDATTICI

Responsabile del procedimento: dott. Alessandro Cairo

Indirizzo email: alessandro.cairo@unibo.it | tel. +39 0541 434 541

Ufficio Scienze Economiche, Aziendali e Sociali e Ufficio Scienze Qualità della Vita



ALMA MATER STUDIORUM | AREA
UNIVERSITÀ DI BOLOGNA | DICAMPUS DI RIMINI

PURPOSE

The final purpose of this Call is to select students of the international degree programmes in:

- second cycle in Wellness Sport and Health cod. 5813 – 2 students
- second cycle in Scienze e tecniche dell'attività motoria preventiva e adattata cod. 9253- 2 students
- second cycle in Management delle attività motorie e sportive cod. 9214– 2 students
- second cycle in Scienze e tecniche dell'attività sportiva – cod.9069- 2 students

To enables students to participate in the **BIP “Immersive Virtual Reality as a way to promote the practice of Physical Exercise in University Students”** at Polytechnic University of Viana Do Castelo, Portugal.

BIP activities:

Period of virtual mobility: 14 June 2024

Before the departure all participants will be required to complete 3 working hours on Moodle platform, where they have to fulfill specific tasks about the following topic:

How virtual may come real or how virtual may help real component will be the big issue of this program. Despite not being a substitution, virtual reality impact on physical activity and physical fitness may add value on intervention programs. The potential of virtual components is still little investigated but future interventions should consider such tool.

Period of physical mobility (in person): from 17 to 21 June 2024

Topics:

- Promote sports physical practice in students.
- Know the scientific/technological principles not based on virtual reality.
- Explore the possibilities of immersive virtual reality for individualized sports practice.
- Evaluate the degree of concordance between real vs virtual sports practice.

In any case, the activities must be completed by 31/07/2025 at the latest.

Selected students will receive a grant to partially cover the costs of their short-term mobility and will have access to the structures of the hosting institution without paying further tuition fees (except contribution requested to local students).

FUNDING

AREA DI CAMPUS DI RIMINI – SETTORE SERVIZI DIDATTICI

Responsabile del procedimento: dott. Alessandro Cairo

Indirizzo email: alessandro.cairo@unibo.it | tel. +39 0541 434 541

Ufficio Scienze Economiche, Aziendali e Sociali e Ufficio Scienze Qualità della Vita



ALMA MATER STUDIORUM | AREA
UNIVERSITÀ DI BOLOGNA | DICAMPUS DI RIMINI

The grant changes according to the duration in days (min. 5, max 30) and to the purposes of the expenses the students need to pay, as follows:

Duration of physical mobility	Amount
From 1st to 14th day of activity	79 EURO per day

Students with less opportunities will receive a supplementary grant *una tantum* of € 100 for the mobility between 5 and 14 days. For students with less opportunities, travel expenses can be considered within specific price ceiling.

Student travelling “green” (sustainable) can count on a further contribution *una tantum* of € 50. Further details about financial support will be shared with selected students.

Erasmus+ funding is related to the activities carried abroad and to the official recognition of the activities. Students who will not complete any activities with an adequate result, who will not receive any recognition of the activities, who will not request the recognition of the activities within their graduation or who withdraw the recognition, will have to refund the entire amount of the grant. Any dispensation will be decided by the Academic Bodies and will be notified to the selected students.

GENERAL ELIGIBILITY REQUIREMENTS

The applicants shall be enrolled for the academic year 2023/2024 on the aforementioned international programmes, regardless of the country of citizenship. The student must maintain the requisite of the enrolment for the entire duration of application/selection procedure until the recognition of the credits.

The student must prove to have adequate English knowledge, in particular the student must prove an English language proficiency at level CEFR B2, minimum.

The student will not be able to graduate before the conclusion of the mobility period abroad and before the recognition of any activities carried abroad, or the grant will be null.

INCOMPATIBILITIES

Incompatibilities are related to both the grant and the “status” as Erasmus student.

Applicants can receive more Erasmus+ grant for each cycle of studies (first, second and PhD) for an overall time of 12 months in each cycle of studies.

Applicants cannot benefit from any other EU grant (i.e. Joint Master Degree - ex Erasmus Mundus Action 1) during the same period, included any UNIBO scholarship to attend other mobility periods abroad.

Finally, the Erasmus+ grant can be cumulated with the doctoral grant increment for periods abroad up to the duration of the funded stay, within the standard amount of the scholarship decided annually by the Governing Board. However, the Erasmus+ grant cannot be cumulated with the doctoral scholarship increase for periods exceeding the above-mentioned duration, or if the doctoral scholarship increase is financed by

AREA DI CAMPUS DI RIMINI – SETTORE SERVIZI DIDATTICI

Responsabile del procedimento: dott. Alessandro Cairo

Indirizzo email: alessandro.cairo@unibo.it | tel. +39 0541 434 541

Ufficio Scienze Economiche, Aziendali e Sociali e Ufficio Scienze Qualità della Vita



ALMA MATER STUDIORUM | AREA
UNIVERSITÀ DI BOLOGNA | DICAMPUS DI RIMINI

EU funds (e.g. PON, PNRR and other types of Community funding for doctoral studies), or with any other scholarship awarded with University of Bologna funds.

of Bologna. In the latter case, the choice of the type of scholarship is left to the individual doctoral student. For further information, please contact the Doctoral Office.

SUBMITTING THE APPLICATION

The application must be submitted within **28th March 2024 at 12pm** on Studenti Online:

1. login www.studenti.unibo.it with Unibo account;
2. select "Bandi/ Call for applications";
3. select the call for applications under the title of this Call.

For technical assistance please refer to Help Desk Studenti Online tel.: +39 051-2080301 Monday to Friday 9am to 1pm and from 2pm to 5pm, e-mail: help.studentionline@unibo.it

Any notification will be sent to the student's institutional email (@studio.unibo.it).

The application is valid when the above procedure is complete. No application will be accepted when documents are sent in hard copies or via e-mail.

Required documents:

- Curriculum Vitae;
- copy of valid ID;
- self-certification of exams taken, with date and corresponding grade; the self-certification can be downloaded from Students online - Certificates and self-certificates section - by choosing "Enrolment with exams, dates and grades/Iscrizione con esami date e voti ". Please note: the self-certification must be completed with date and signature of the candidate, otherwise it will not be considered valid.
- proof of language proficiency English level B2 (only for students of LM STAMPA, STAS and MAMS)
This requirement is considered fulfilled for students enrolled in the LM Wellness, Sport and Health - The Students enrolled in the LM STAMPA, MAMS and STAS can certify their knowledge of the language in one of the following ways:
 - by submitting an official Cambridge/IELTS/TOEFL certificate (certificates will not be considered valid if obtained before 01.01.2021);
 - by stating that you have passed curricular English B2 exam: this can be deduced from the self-certification of the exams passed, which is already one of the mandatory documents to be submitted;
 - by submitting the CLA (Centro Linguistico di Ateneo) certificate of successful completion of the language test obtained through participation in mobility calls;

The offices will check any declaration. In case of false declaration, the applicant will lose their position under art. 76 del DPR 445/2000.

SELECTION PROCEDURE

The evaluation committee has been appointed by the Dipartimento Di Scienze per la Qualità della Vita, during the Council of 08/03/2024 as follow: Alessandro Bortolotti, Marco Malaguti, Stefania Toselli – substitute member Paco D'Onofrio

AREA DI CAMPUS DI RIMINI – SETTORE SERVIZI DIDATTICI

Responsabile del procedimento: dott. Alessandro Cairo

Indirizzo email: alessandro.cairo@unibo.it | tel. +39 0541 434 541

Ufficio Scienze Economiche, Aziendali e Sociali e Ufficio Scienze Qualità della Vita



ALMA MATER STUDIORUM | AREA
UNIVERSITÀ DI BOLOGNA | DICAMPUS DI RIMINI

Evaluation criteria:

The selection procedure is based on titles (merit and CV) and interview as follows:

- merit and CV: max 60 points;
- interview: max 40 points;

Interview: it takes place on **5th April 2024** starting 11 am online via Microsoft Teams

The interview will take place in English to test the motivation of each candidate.

In case of equal score, the youngest prevails.

RANKING LIST AND GRANT

The Evaluation committee will submit the ranking list with selected students.

The ranking list will be approved by the Manager of the Rimini Campus Area/Dirigente di Campus Rimini and submitted to AFORM - Ufficio Mobilità per Studio, where the AFORM Head of Administrative Division/Dirigente will confirm the Erasmus+ grants.

The selected students will be in contact with the Mobility office for Study (Area Formazione e Dottorato) for any further step.

The ranking list will be available on **18th April 2024** on web page:

<https://bandi.unibo.it/agevolazioni/borse-mobilita>

In case of more places available, or in case of withdrawal, the mobility office will contact eligible candidates.

RECOGNITION

At the end of the mobility period, the student must provide the necessary documentation to obtain credits for the recognition in the student career of the following activity:

- **N. 3 CFU - disciplinary scientific area SSD M-EDF/02- letter D (electives)**

CONTACTS

For more details, please refer to Ufficio Scienze Qualità della Vita: campusrimini.didatticasqv@unibo.it

La Dirigente ACRN

Dott.ssa Antonella Mattioli

Firmato digitalmente ai sensi dell'art. 24 D. Lgs. 82/2005

AREA DI CAMPUS DI RIMINI – SETTORE SERVIZI DIDATTICI

Responsabile del procedimento: dott. Alessandro Cairo

Indirizzo email: alessandro.cairo@unibo.it | tel. +39 0541 434 541

Ufficio Scienze Economiche, Aziendali e Sociali e Ufficio Scienze Qualità della Vita